



PARENT CHECKLIST

MIDDLE SCHOOL

- Introduce your student to the public library and get them a library card if they don't already have one.
- Prepare your student for transition to high school and their teenage years, including visiting various high schools if that's an option for your family.
- Create a safe space for open communication between yourself and your student.
- Understand your student's current interests and passions.
- Encourage your student to follow and develop their interests.
- Together, go to the library and check out books on careers, people, or topics that support their interests.
- Support your student's engagement in afterschool activities at their school or in the community.

FRESHMAN YEAR

- Ensure that your student meets with a College Now advisor and school counselor.
- Talk to your student about their interests and start to connect with career and or education paths.
- Encourage your student to try new things (i.e., challenging courses, new clubs, etc.).
- Map out the school calendar so you know key dates for meetings and important events at the school.
- Attend parent-teacher conferences. Make sure to take a look at the report card and ask about your student's GPA.
- Attend College Now key events for freshmen, as well as sessions about college and careers.
- Discuss any supports your student may need if their GPA is low.
- Make sure your student's course load and performance are on track with their potential career and or education path.
- Support your student's engagement in afterschool activities at their school or in the community.
- Help your student find volunteer opportunities during the school year or summer. If possible, volunteer together.
- Support your student in their summer planning, including potential sports, camps, academic programs or volunteer activities.



PARENT CHECKLIST

SOPHOMORE YEAR

- [] Ensure that your student meets with a College Now advisor and school counselor.
- [] Map out the school calendar so you know key dates for meetings and important events at the school.
- [] Attend parent-teacher conferences. Make sure to take a look at the report card and ask about your student's GPA.
- [] Attend College Now key events for sophomores, as well as sessions about college and careers.
- [] Make sure your student's course load and performance are on track with their potential career and or education path.
- [] If your student is an athlete who is interested in pursuing college sports, make sure they speak with their coach about college, sports, and taking NCAA courses.
- [] Support your student in taking the PSAT by making sure they get enough rest before the test. Follow up and ask about their test score.
- [] Look into College Credit Plus or similar programs.
- [] Help your student balance increasing responsibilities with schoolwork, activities, jobs, etc.
- [] Support your student with resume building for a first job or work opportunity.
- [] Look into summer enrichment programs with your student and encourage them to apply.

NEED HELP WITH ANY OF THESE TASKS?

Contact College Now or schedule an appointment with your student's College Now advisor.

School:

Advisor:

Email:

www.collegenowgc.org | (216) 241-5587 | info@collegenowgc.org



PARENT CHECKLIST

JUNIOR YEAR

- Ensure that your student meets with a College Now advisor and school counselor.
- Talk about your student's goals and priorities for after high school graduation.
- Support your student in taking the ACT or the SAT by helping them plan a date that works with their schedule. Make sure they prepare for the test. Help them get enough rest before the test. Follow up and ask about their test score.
- Attend College Now key events for juniors, as well as sessions about college and careers.
- Attend parent-teacher conferences. Make sure to take a look at the report card and ask about your student's GPA.
- Familiarize yourself with financial aid and the college admission processes.
- Help your student build on their resume. Support them in registering for school activities, summer jobs, or volunteering.
- Help your student explore majors and potential career fields through practice (support their attendance at major's fair, internships, shadowing, etc.).
- Support your student's attending college fairs, post-secondary informational sessions, and college visits (in-person or virtually).
- Help your students think about college or other pathways after high school. Make a list of potential colleges, universities, military options, or trade schools that they may be interested in.
- See if you can visit any colleges or trade schools with your students. Work together and plan a trip.
- Review your student's resume again and make sure it's ready to be used for applications.
- Make sure that you have your taxes prepared and ready for reviewing financial aid and scholarship options.
- Encourage your student to start exploring and applying for scholarships.

SENIOR YEAR

- Ensure that your student meets with a College Now advisor and school counselor.
- If your student hasn't taken the ACT or SAT, support your student in taking the ACT or the SAT by helping them plan a date that works with their schedule. Make sure they prepare for the test. Help them get enough rest before the test. Follow up and ask about their test score.
- Review your student's goals and priorities for after graduation.
- Support your student in attending college fairs, post-secondary informational sessions, and college visits (in-person or virtually).



PARENT CHECKLIST

SENIOR YEAR

- Help your students think about college or other pathways after high school. Make a list of potential colleges, universities, military options, or trade schools that they may be interested in attending.
- Help your student solidify their after-graduation plans.
- Review your student's college, military, or trade school applications and deadlines. Support your student with the application process by providing documentation, helping with fees, and mailing applications.
- Prepare to help your student with financial aid and the college admissions process.
- Apply for financial aid with the Free Application for Student Aid studentaid.gov/h/apply-for-aid
- Make sure that you have your taxes prepared and ready for reviewing financial aid and scholarship options.
- Review your financial situation with your student and how that will translate to their after-graduation opportunities.
- Continue resume building and review growth over high school career.
- Encourage your student to explore and apply to as many scholarships as possible.
- Attend major events at school to show support for your student.
- Attend graduation with your student.
- Use the summer to plan for going away to college, military, or a gap year and what your student will need.
- Help your student transition to college, trade school, or the military. Send messages of support and check in when appropriate.

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