

PARENT CHECKLIST

MIDDLE SCHOOL

[] Introduce your student to the public library and get them a library card if they don't already have one.
[] Prepare your student for transition to high school and their teenage years, including visiting various high schools if that's an option for your family.
[] Create a safe space for open communication between yourself and your student.
[] Understand your student's current interests and passions.
[] Encourage your student to follow and develop their interests.
[] Together, go to the library and check out books on careers, people, or topics that support their interests.
[] Support your student's engagement in afterschool activities at their school or in the community.
FRESHMAN YEAR
[] Ensure that your student meets with a College Now advisor and school counselor.
[] Talk to your student about their interests and start to connect with career and or education paths.
[] Encourage your student to try new things (i.e., challenging courses, new clubs, etc.).
[] Map out the school calendar so you know key dates for meetings and important events at the school.
[] Attend parent-teacher conferences. Make sure to take a look at the report card and ask about your student's GPA.
[] Attend College Now key events for freshmen, as well as sessions about college and careers.
[] Discuss any supports your student may need if their GPA is low.
[] Make sure your student's course load and performance are on track with their potential career and or education path.
[] Support your student's engagement in afterschool activities at their school or in the community.
[] Help your student find volunteer opportunities during the school year or summer. If possible, volunteer together.
[] Support your student in their summer planning, including potential sports, camps, academic programs or volunteer activities.



PARENT CHECKLIST

SOPHOMORE YEAR

[] Ensure that your student meets with a College Now advisor and school counselor.
[] Map out the school calendar so you know key dates for meetings and important events at the school.
[] Attend parent-teacher conferences. Make sure to take a look at the report card and ask about your student's GPA.
[] Attend College Now key events for sophomores, as well as sessions about college and careers.
[] Make sure your student's course load and performance are on track with their potential career and or education path.
[] If your student is an athlete who is interested in pursuing college sports, make sure they speak with their coach about college, sports, and taking NCAA courses.
[] Support your student in taking the PSAT by making sure they get enough rest before the test. Follow up and ask about their test score.
[] Look into College Credit Plus or similar programs.
[] Help your student balance increasing responsibilities with schoolwork, activities, jobs, etc.
[] Support your student with resume building for a first job or work opportunity.
[] Look into summer enrichment programs with your student and encourage them to apply.

NEED HELP WITH ANY OF THESE TASKS?

Contact College Now or schedule an appointment with your student's College Now advisor.

School:	
Advisor:	
Email:	

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