



# A WEEK IN THE LIFE OF A COLLEGE NOW GAP YEAR FELLOW

- **One day per week:** Planning your personal postsecondary pathway and starting to take the steps toward it
- **Four days per week:** Gaining work and volunteer experience to build your resume for college and career applications

## POSTSECONDARY PLANNING

- Explore in-demand careers and careers that might interest you
- Explore postsecondary options for certifications and degrees
- Explore college majors and programs and specific colleges that interest you
- Explore cities in which you might want to live, work, and/or go to school
- Explore internship and volunteer community service opportunities
- Prepare for and apply to postsecondary programs

## WORK EXPERIENCE

- Earn income if you have a part- or full-time job or paid internship
- Earn a stipend if you are an AmeriCorps Fellow for providing service in College Now's middle and high school programs

In addition to receiving income or stipends, work experience helps you develop skills and refine your career interests. The Gap Year Program will help you learn about opportunities for summer work and year-long internships, and will help you draft applications and prepare for interviews.

## VOLUNTEER EXPERIENCE

- Provide community service with organizations that address food insecurity, literacy, and environmental needs, or volunteer in other organizations of your choice
- Participate in College Now community service projects

Volunteer community service helps you refine your personal goals while providing service to your community. Employers and colleges will want to know how you used your Gap Year to develop yourself and to be in service to others. The Gap Year Program will help you learn about opportunities for community service.